

Opening Times at Hartsdown - April 2019

SWIMMING POOLS

Monday from	6.00am
Tuesday to Thursday from	7.30am
Friday from	6.00am
Saturday & Sunday from	11.00am
Sunday from	7.00am

Please check our pool programme for full details on specific public swim times, school usage, clubs and group bookings.

SPORTSHALL

Monday to Thursday	9.00am to 10.30pm
Friday	9.00am to 9.00pm
Saturday	9.00am to 6.00pm
Sunday	9.00am to 9.00pm

HEALTH SUITE

Monday to Thursday	5.30am to 10.00pm
Friday	5.30am to 9.00pm
Saturday	7.00am to 6.30pm
Sunday	7.00am to 6.30pm

With over 70 classes per week checkout our Group-Ex programme for full details on all our classes.

OLLIE'S

Monday (Term Time)	Closed
Monday (Holidays)	11.00am to 2.15pm
	2.45am to 6.00pm
Tuesday to Friday	11.00am to 2.00pm
	4.00pm to 6.00pm
Saturday & Sunday	9.45am to 1.00pm

SWIM SCHOOL

Our main lessons operate around the following time;	
Monday to Friday	4.00pm to 7.00pm
Saturday	7.30am to 11.30am
Sunday	3pm onwards

We also run preschool lessons throughout the day.

Please speak to a member of our Customer Service Team regarding availability.

TEEN GYM

Saturdays	1.00pm to 2.30pm
Sundays	1.00pm to 2.30pm

Please note a gym induction is required. Please book in advance at reception.

KIDZ GROUP-EX

Fit N Fun (age 4-9) Saturday	9.30am to 10.30am
Street Dance (8+) Saturday	10.30am to 11.15am